

Amazing

Help Kit 1 to 5



Written by : Manasvi Aatrey Sneha Bhat Develops observation skills, include experiments and hands-on activities



Plants Around Us

Exercise

- A. Tick (3) the correct answer:
 - 1.(b), 2.(a), 3.(c)
- B. Write T for true and F for false statements:
 - 1. False, 2. True, 3. True, 4. False, 5. False,
- C. Fill in the blanks:
 - 1. SEED, 2. LOTUS, 3. SPINACH, 4. STEM, 5. CLIMBER, 6. BUDS
- D. Circle the odd one out:

1.	Beans	Money plant	Cucumber	Grapevine
2.	Coconut	Spinach	Mango	Apple
3.	Sunflower	Jasmine	Rose	Watermelon
4.	Tomato	Litchi	Papaya	Watermelon
5.	Orange	Rice	Gram	Maize

E. Answer the following questions:

- 1. We can find plants in garden, park, house, forests, water, mountains, dry places etc.
- 2. The part of the plant below the ground is called root.
- 3. Rice and Gram.
- 4. Mango and Litchi.
- 5. Trunk is the part above the ground.
- Creepers: Some plants which creek on the ground are called creekpers.
 Climbers: Some plants with weak stems need support to climb. They are called climbers.

Do and Learn

Do It yourself.



Food From Plants

Exercise

- A. Tick (3) the correct answer:
 - 1. (a) 2. (b), 3. (a), 4. (a), 5. (a)
- B. Circle the correct answer:
 - 1. We use (rice/wheat) to make chapattis.
 - 2. We get dals from (fruits/food grains).
 - 3. Fruits are eaten (raw/cooked).



- 4. Potato is a (vegetable/fruit).
- 5. Cherry is a (fruit/vegetable).

C. Fill in the blanks with the correct option:

1. healthy

2. cook

3. Cereals

4. pulses

5. groundnuts

6. tasty

D. Fill in the missing letters:

1. barley

2. coconut

3. cabbage

4. clove

5. coofee

6. cucumber

E. Give two examples of each:

Parts of a plant we eat as

Seeds	Roots	Stems	Leaves	Flowers	Fruits
Wheet	Radish	Potato	Spinach	Cauliflower	Mango
Rice	Carrot	Sugercane	Cabbage	Sunflower	Apple

F. Answer the following questions:

- 1. Do yourself.
- 2. Radish and carrot
- 3. Wheat and rice
- 4. Sugarcane

5. Sunflower

They make our food tasty.

Do and Learn

• Here are some things we get from plants. Colour those that we eat.









• Draw or paste pictures of these fruits. Do it yourself.



3

Animals Around Us

Exercise

A. Tick (3) the correct answer:

1.(b), 2.(a), 3.(c), 4.(a)

B. Unscramble the names of animals given below:

1. ELEPHANT,

2. ZEBRA.

3. WHALE,

5. MOSQUITO,

6. PIGEON

C. Fill in the blanks:

1.shapes and sizes,

2. aquatic,

3. wings and feathers,

4. horse,

5. frog



D. Write true or False:

1. True, 2. True, 3. False, 4. False, 5. False

E. Match the following:

- 1. We get milk from
 2. We get wool from
 4. horse
 5. go
 - b. goat
- 3. We get meat from4. We get eggs fromd. cow
- 5. It helps us to travel sheep

F. Answer these questions:

- 1. Animals that we tame or trained. They are called domestic animals.
- 2. Animals that live in forests are called wild animals.
- 3. The birds that can not fly are-Ostrich, penguin and emu.
- 4. The insects that do not have wings areants, spider and bedbug.
- 5. Animals which have scales or hard shells on their body are called reptiles.

Do and Learn

Do it yourself.



Food and Shelter of Animals



Exercise

A. Tick (3) the correct answer:

1.(c), 2.(b), 3.(a), 4.(b)

B. Circle the errors in the pictures:

Do it yourself.

C. Fill in the blanks:

- 1. food, 2. shelter/homes, 3. insects and worms,
- 4. pet, 5. cage

D. Write True and False:

1. True, 2. True, 3. True, 4. True, 5. False

E. Observe the animals in your surroundings and write their names in the correct roues:

Do it yourself.

F. Answer these questions:

- 1. Animals need food to grow and live.
- 2. Animals need shelter to protect themselves from heat, cold, rain and other animals.
- 3. Some animals like pigeon, hen and parrot eat grains. They are called grain-eaters.



- 4. Some animals like the lion, wolf and tiger eat the flesh of other animals. They are called flesh eaters.
- 5. The home of a dog is called kennel.

Do and Learn

Match unscramble the names of animals given below:

Burrow, Nest, Kennel, Den, stable, Shed



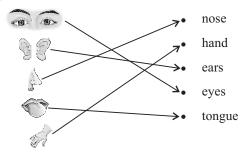
Our Body

Exercise

A. Tick (3) the correct answer:

1.(a), 2.(c), 3.(a), 4.(c)

B. Match the pictures with their names:



C. Fill in the blanks:

1. hands, 2. machine, 3. legs, 4. many, 5. children

D. Write True or False:

1. True, 2. False, 3. True, 4. False, 5. False

E. Answer these questions:

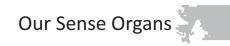
- 1. The names of five parts of the body are hands, nose, hand, head and fingers.
- 2. Two things that we can do with our legs are:
 - 1. We can walk with our legs.
- 2. We can kick with our legs.
- 3. Two things that we can do with our hands are:
 - 1. We can eat with our hands. hands.
- 2. We can write with our
- 4. We use our eyes to read a book.
- 5. Children grow up with the passage of time. A boy or a girl grows up to be a young man or a young woman.

A young man or woman grows older.

Do and Learn







Exercise

A. Tick (3) the correct answer:

1.(b), 2.(c), 3.(c), 4.(a)

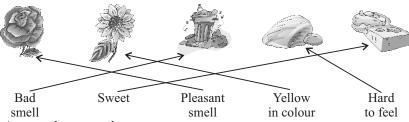
B. Fill in the blanks:

1. two, 2. ears, 3. feel things, 4. dumb, 5. deaf

C. Write True or False:

1. False, 2. True, 3. False, 4. True, 5. True

D. Match the pictures with their names:



E. Answer these questions:

- 1. The five sense organs are-eyes, ears, nose, tongue and skin.
- 2. Our nose helps us to smell various things.
- 3. We use our eyes to read a book.
- 4. Our tongue help us to taste food.
- 5. The people who do not have one or the other sense organ are known as disabled people.

Do and Learn

See :- Thunder, Rainbow, Sunrise, Moon, Red.

Touch :- Soft, Sticky, Hot, Cold, Oily.

Test :- Fruity, Salt, Sweet, Sour, Tasty.

Hear :- Noise, Ringing, Buzz.Smell :- Fragrance, Perfume,





Exercise

A. Tick (3) the correct answer:

1.(b), 2.(c), 3.(b), 4.(a)

B. Fill in the blanks:

1. strong and healthy, 2. milk, 3. three,

4. rest, 5. before and after



C. Write True or False:

1. False, 2. True, 3. False, 4. False, 5. True

D. Pick the odd one out:

1.	Cereals	:	rice	peas 3	wheat
2.	Milk	:	cow	buffalo	fish 3
3.	Egg	:	cat 3	duck	hen
4.	Vegetables	:	apple 3	ladyfinger	cabbage

E. Write any five good food habits:

- Wash your hands before and after eating food.
- 2. Eat food at fixed intervals.
- 3. Do not talk or laugh while eating.
- Eat food with your mouth closed.
- 5. Do not eat junk food.

F. Answer these questions:

- We need food to become strong and healthy.
- We get milk, eggs and meat from animals.
- Food that makes our body strong and keep us healthy is called healthy food.

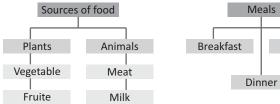
Lunch

Sound

- Meal is the food that we eat at a fixed time every day.
- 5. Exercise helps to build our muscles.

Do and Learn

• Complete the chart:



Do it yourslef.



Exercise

A. Tick (3) the correct answer:

1.(a), 2.(b), 3.(c), 4.(b)

B. Name these musical instruments:



C. Fill in the blanks:

1. ears, 2. voices, 3. high, low, 4. different,

D. Write the sound made by the following:

a clock : ticking a cow: moosa dog: barkinga donkey: brays a tap : drippinga tiger: roars

a bell : ringing a door : creak

E. Match the animals with their ears:

cat, elephant, fox, squirrel, rabbit, dog











F. We can make sounds in many ways. List any four:

- 1. Singing, 2. Clapping, 3. Tapping,
- 4. Playing musical instrument.

G. Answer these questions:

- 1. We can hear sounds with our ears.
- 2. Sound travels in waves.
- 3. We can make sounds with our voices.

Do and Learn

Do it yourself.



Safety and Health

Exercise

A. Tick (3) the correct answer:

1.(a), 2.(b), 3.(b), 4.(c)

B. Tick (3) the correct word:

1. dustbin 2. Short 3. Your

4. proper 5. clean

C. Match the following pictures with their uses:

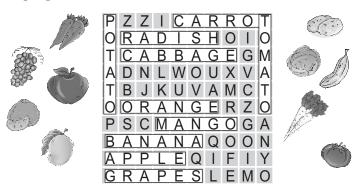


D. Write True or False:

- 1. False,
- 2. True,
- 3. False,
- 4. True,
- 5. True



E. Find ten fruits and vegetables hidden in the following word search with the help of picture clues:







Exercise

- A. Tick (3) the correct answer:
 - 1.(c), 2.(b), 3.(b)
- B. Fill in the blanks:

1. NON LIVING, 2. STEEL, 3. PAPER, 4. PLASTIC

C. Fill in the blanks:

1. materials, 2. touch, 3. Steel, 4. wood

- D. Answer these questions:
 - 1. Things which cannot breathe, eat, grow or have babies are called non-livings things. For example glass and table.
 - 2. Man-made objects are those non-living things that are made by man.
 - 3. Materials such as steel, stone, wood, plastic and rubber, glass are used to make different things.



Solid, Liquid and Gas



Exercise

- A. Tick (3) the correct answer:
 - 1.(a), 2.(c), 3.(b)
- B. Fill in the blanks:
 - 1. Materials, 2. liquid, 3. Heating, 4. ice
- C. Write True or False:

1. False, 2. True, 3. True, 4. False



D. Match the following:

Liquid — moves smoothly.

Air — we can't see it.

Solid — it doesn't change, its shape.

E. How solids, liquids and gases are different from each other?

Vapour	on heating	Water	on cooling	Ice	
(gas)		Liquid		(solid)	

How solids, liquids and gases are different from each other?

Solids		Liquids		Gases		
•	Wood is a solid.	• <u>Water</u> is a liquid	l. •	Air is a gas.		
•	Solids have shape They're hard.	• Liquids have noshape	•	We can't see but can <u>feel</u> it.		

G. Answer these questions:

- Hard things which have definite shape is called solid. For example: stone, wood and steel.
- Things which can moves or flows smoothly are called liquid, water, milk, juice and oil.
- 3. We can't see the gases, but we can feel it. Air and vapour.



Light and Shadow

Exercise

A. Write four things through which light cannot pass:

1. Wall 2. Book

3. Wooden box

4. Tree

B. Name these sources of light:



C. Write True or False:

- 1. True.
- 2. True,
- 3. False

D. Answer these questions:

- 1. When light does not pass through an object, a shadow is formed.
- 2. Light can pass through air, water and glass.



Exercise

A. Tick (3) the correct answer:

1.(b), 2.(c), 3.(c), 4.(c)

B. Fill in the blanks:

2. wind, 1. moves. 3. space, 4. weight, 5. breath. 6. waste. 7. Air. 8. storm

C. What happens when?

- The water gets warm. It changes into steam.
- 2.. The steam rises and disappears. We cannot see it because it mixes with
- The Sun warms the Earth. The water in the sea gets warm. 3.
- Water vapour rises and forms clouds.
- The water in the clouds gets very heavy. The water in the cloud falls as

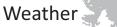
D. Define in one or two sentences:

- When air moves gently it is called **breeze**.
- 2. The Earth is surrounded by a layer of air is called the **atmosphere**.
- 3. Fast moving air is called **wind**.
- Wind with lightning, thunder and rain is called a **storm**.

E. Answer these questions:

- Air is used for breathing, burning, sailing boats, flying kites etc.
- We use water for washing and drinking.
- 3. Polluted water can cause diseases.
- We should never throw rubbish into streams, ponds, wells and roads to keep the environment clean.
- A football become heavier when air is filled into it because air has weight.





Exercise

A. Tick (3) the correct answer:

1.(a), 2.(b), 3.(a), 4.(a)

B. Choose the correct answer:

1. cold, 2. Woollen, 3. Air-conditioners

C. Fill in the blanks:

1. hot. 2. cotton. 3. Weather, 4. summer. 6 rainbow 5. cooler days,



D. Write the following under the correct pictures:



Rainy day



Winter



Windy day



Sunny day



Stormy day Spring



E. Colour the rainbow:

Do it yourself

F. Answer these questions:

- 1. Winter, summer, rainy, spring and autumn are the different types of weather.
- 2. We like to wear raincoats and umbrellas when it rains.
- 3. We like to wear woollen clothes and drink hot drinks when it is cold.
- 4. We like to drink lot of water and sit under fan or air-conditioned room to keep ourself cool in summer.



The Sun, The Moon and The Earth



Exercise

A. Tick (3) the correct answer:

1.(a), 2.(b), 3.(a), 4.(b), 5.(b)

B. Unscramble these words:

1. stars,2. moon,3. planets,4. universe,5. east,6. west,7. solar,8. Sun

C. Name me:

1. Earth, 2. Moon, 3. Sun, 4. Sun, 5. Living things

D. Fill in the blanks:

1. Earth, 2. moon, stars, 3. Sun, 4. constellations

E. Answer these questions:

- 1. The Sun, the stars, the Moon, and the planets are the members of the universe.
- 2. The energy given by the Sun is called Solar Energy.
- 3. The stars look very small, because they are very far away from the Earth.
- 4. Telescope is an instrument that makes distant objects appear nearer.
- 5. The vast sky where we can see the Sun, Moon and the stars in known as space.

Do and Learn

• The Moon is hidden under the clouds. The little star Twinky is looking for the Moon. Can you help Twinky to reach the Moon?

Do it yourself